

This highly experiential workshop explores the various levels of connection to the Spiritual realms.

When you become conscious of the origin of your soul, you transform and become freed of pre-programmed restrictions and traumas. You savor the realization that you are just an embodiment of pure LOVE! Your soul launches a discovery of its “Pre-birth” planning, and awakens to which lessons and situations are needed for its evolvment in this present life experience.

This is not just a reunion with messages from your departed loved ones, guides and teachers, but for You, to finally reunite with a very important aspect of your make-up, Yourself. The first part in healing, is awareness. Your time has come to shine and share your unique light with the rest of the world.

In a series of workshop exercises and mind journeys, part of your experience will include:

- Discover the nature and properties of the “Soul”
- Sense and feel the subtle energy fields surrounding you and others
- Fully understand the difference between a “psychic” reading and a “mediumship message”
- Perform a demonstration to other participants
- Experience past life regression exercises to unlock your inner potential for mind and body healing and release old patterns and irrational fears
- Learn to properly ground yourself and “run” your energy to feel constantly “recharged” instead of “depleted”
- Learn how the energy is manipulated when Spirit wants to communicate
- Discover hidden gifts and abilities within your soul fabric
- Understand about your soul mates and soul companions
- Discover new tools for developing your own intuition and psychic abilities

And so much, much more...

Our intimate setting will be sharing in individual, small and larger groups. By immersing yourself into this journey, life will be deeper, richer and more vibrant. When you exist in love, you only attract that vibration into your sphere. James will also be demonstrating his own unique communication with the Spirit world.

There will be ample time for questions and answers and for personal interaction with James

This cruise is an amazing opportunity to spend 15 hours of workshop time with me, to experience the beauty only found in Alaska, to enjoy a luxurious cruise ship, and to make new friends and meet kindred spirits.

Onward and Upward!

James Van Praagh

