

ESSENCE OF BEING

15-Hours of Transformative Playshop. Whether you're just beginning your "enlightenment" journey or are well on your way, this experience is designed to awaken and transform you on multiple levels. With an array of activities including meditations, guided breath and dance sessions, energy clearing, channeled perspectives, and powerful healing circles, as well as presentations from other Essence of Being graduates, you'll discover new ways to raise your vibrations and overcome the remaining obstacles blocking your connection to Source. Join us on this spiritual journey and experience Higher Vibes on the high seas!

What you will learn & experience:

Discover More of Your Gifts: Continue to learn how to recognize and tune your unique gifts and talents, empowering you to bring forth your highest potential.

Energy Mastery & Sound Healing : Gain even more invaluable insights into managing your energy, protecting yourself from external influences, and cultivating energetic boundaries.

Connect with Spirit Guides: Deepen your connection to your spiritual guides, tapping into and leveraging their wisdom and guidance.

Soul Retrieval: Reclaim more of the hidden fragments of your soul, allowing for more profound healing and wholeness.

Channel Your Psychic Abilities: Learn to access and trust your psychic gifts, unlocking your innate spiritual potential .

Chakra Clearing: Experience profound healing through chakra clearing.

Shamanaste Channeling Sessions

Calling in the Master Teachers: Experience the energy and guidance of master teachers and avatars for transformative healing.

Grounding and Protection: Practice grounding exercises and techniques to shield yourself from unwanted energies.

Also included are special presentations : "Elevating Your Presence" with **Marcella Scherer**, "Connect to Your Divinity" **Alka Vaswani**, Musical Experiences by **Karen Taylor-Good & Stowe Dailey** "Power with Poise" **Mary Palmer**, "Sound Healing" Leslie Clayton, "Affluence Matrix" **Nancy Matthews/Barry Auchetti**, "Manifesting Magic" **Vik Shivdasni**



Testimonials

"Higher Vibes was an opportunity to learn my gifts and own up to them and really trust my gut instincts. It really opened my eyes to the possibilities of the gifts that already exists within me" - Esther, Texas

The result for me was Freedom to give myself permission to go into this sacred space anytime I wanted and by doing so, I was able to discover very special gifts, including my healing gift! - Rev. Gloria Ramirez, Florida & California

[CLICK HERE to see what others are saying about Higher Vibes](#)