

KNOW BEFORE YOU GO

Abraham-Hicks Vortex of Attraction Scandinavia Cruise July 4 - 16, 2025

What documents will I need to travel?

It is necessary for all passengers to provide proof of citizenship in the form of a **passport that is valid for at least six months beyond the completion of their trip. Please note that both the airline and/or the cruise line may deny you boarding if your passport is not valid for at least 6 months after your return date.** It is your responsibility to check on any visas or entry requirements needed for any of the countries visited on this itinerary.

One online resource to quickly find out about visa requirements is www.visahq.com or you may contact the individual embassy for more info. **No visas are needed for US or Canadian passport holders.**

Minors under age 18 traveling to foreign countries with only one parent must have a Parental Consent Letter signed by the parent not traveling. If the minor is travelling with someone who is not a parent or legal guardian, Customs and Border Protection (CBP) require that the Parental Consent Letter is signed by the parent(s) and is notarized.

Failure to present the necessary documents at the pier could result in denied boarding.

How much time do I need to allow for embarking and disembarking?

For air arrivals into Amsterdam/Schiphol, Netherlands (AMS) it is recommended that guests allow adequate time for transfer between the airport and pier, customs inspections and airport security checks. On the day of departure (July 4, 2025) flights should arrive into Amsterdam/Schiphol (AMS) no later than **1:30 PM**. On the day the ship returns (July 16, 2025) flights should depart Amsterdam/Schiphol (AMS) Airport after **10:30 AM**.

Can I purchase transfers to/from the ship?

July 4th Transfer to the Ship

If you are arriving on the day of sailing, we can arrange for a Celebrity Cruise transfer from the airport directly to the pier for \$29.95USD per person. **You must arrive no later than 1:30 PM on July 4th into Amsterdam/Schiphol if you choose this option. It is mandatory that you provide the flight details to us when you make your transfer reservation. Reservations must be made by June 19th, 2025.**

Distance from the Amsterdam/Schiphol Airport to the Amsterdam pier is approximately 30 minutes driving time, and approximate taxi costs are 40€ Euro / \$45 USD. The address of the Amsterdam Passenger Terminal is Piet Heinkade 27, 1019 BR Amsterdam, Netherlands.

July 16th Transfer from the Ship

Life Journeys is offering Celebrity Cruise transfers to Amsterdam/Schiphol Airport on July 16th for \$29.95USD per person. **It is mandatory that you provide your flight information to us. Please be sure to schedule your departing flight out of Amsterdam/Schiphol (AMS) Airport after 10:30 AM on July 16th.** Transfer information back to the airport will be given to you onboard the ship.

Airfare to Amsterdam and Pre and Post Hotel Options

When you make your air arrangements to Amsterdam/Schiphol (AMS), you may want to consider the **“FLIGHTS BY CELEBRITY” Air Program** as an option. You can now book your flights online with Flights by Celebrity, or by phone. You get 24/7 travel service and Air Specialists are available to help you with any flight delays or cancellations, working quickly with the airline to get you on the next available flight to our ship. And, there's no booking fee. All flights are subject to cancellation fees; our cruise cancellation penalties do not apply to any flights purchased. Click the link: celebritycruises.com/flights-by-celebrity (we recommend to click on SEARCH FLIGHTS when on the Celebrity website) or contact one of their professional specialists at 800-533-7803 or 305-539-6000.

Inquiries and bookings must be made directly with Celebrity and not through Life Journeys. Flights by Celebrity/Choice Air is not affiliated with Life Journeys. The Choice Air department of Celebrity is your travel agent and is your contact for changes/issues.

There are many good discount internet sites available, such as booking.com or kayak.com, both offering a variety of different-priced hotel options.

When may I embark the ship?

The Celebrity *Eclipse* departs from the Amsterdam Passenger Terminal, at 5:00 pm on July 4th, 2025. **Embarkation begins at approximately 1:00pm.** Guests are required to be onboard no later than 90 minutes prior to sailing time.

Dining room arrangements

Dining onboard is either early (6:00 pm) or late dining (8:30 pm) in the Moonlight Sonata Dining Room where you will be seated with other group members. Your selection will be noted on your confirmation letter. All special dining requests including **table companion seating preferences must be given to Life Journeys by June 5th**. For a buffet style restaurant, the Oceanview Café is complimentary, and the attire is casual. Room service is also available. Celebrity has enhanced the cruising experience for its guests in Suites (S2, S1, CS, RS) by adding a dining room for Suite guests only. *Luminae* is open for breakfast, lunch, and dinner and is not restricted to dining at a certain time each evening.

Reservation-Only Specialty Restaurants

As a delicious alternative to the Main dining experience, you might consider dining at one of the Specialty Restaurants onboard the Celebrity *Eclipse* – Murano is \$60, Tuscan Grille is \$55, La Petit Chef @ Qsine is \$60, and Sushi on Five is a la carte. All prices are per person and reservations are required. Discounts are often available by booking online pre-cruise.

Can the dining room accommodate special diets?

Watching your salt, fat or sugar intake? Lactose intolerant, celiac disease or vegan? Advise us at the time of booking, and we'll be happy to accommodate most dietary requirements. Kosher meals and special medical diets must be pre-ordered. All requests must be made in writing by fax request to 954-628-9622 or e-mail: special_needs@celebrity.com at least 90 days before sailing and must include your booking number and guest names. No request is necessary for vegetarian or gluten-free as options are plentiful onboard.

May I bring my own liquor On-Board?

No beer or hard liquor may be brought onboard for consumption. Guests wishing to bring personal wine or champagne with them may do so, limited to two bottles per stateroom. When consumed in the dining room they will be subject to a \$25 corkage fee.

What's included in the cruise price?

- All meals, except in the specialty restaurants.
- Only Continental breakfast room service for all cabin categories. Suite guests do have complimentary room service for all items.
- Most entertainment, onboard activities, supervised kids' programs, and fitness center
- **FREE AMENITIES – INSIDE, OCEANVIEW, VERANDA, & CONCIERGE CLASS STATEROOMS ONLY**
 - For all passengers in each Inside, Oceanview, Veranda & Concierge Class cabin, a FREE Classic Beverage package and an Unlimited Basic Internet package have been included for our group. These amenities are valued at \$1,525 per person on this cruise. With this Beverage Package you can enjoy non-premium bottled water, premium coffees and teas, fresh and bottled juices, soda selections and wine-by-the glass* or your favorite cocktails*. Your package can be used throughout the ship.

* choose from beers, spirits, cocktails, liqueurs, frozen drinks, and wine-by-the-glass up to \$10 per serving. Plus, a 15% discount on all wines by the bottle purchased on board.

- **FREE AMENITIES – SUITES ONLY**
 - For all passengers in each Suite cabin, a FREE Premium Beverage package and an Unlimited Premium Internet package are included in our group pricing. These amenities are valued at \$1,990 per person.

What's not included in the cruise price?

- Air Transportation or transfers to the ship
- Workshop fee of \$450 (charged separately by Life Journeys)
- Prepaid gratuities for ship staff (listed on your invoice)
- Shore excursions in the various ports
- Full-service spa, beauty salon, fitness classes/personal trainer, telephone service, laundry/dry cleaning, prepaid gratuities, photographs, casino gambling, Premium breakfast and in-room dining have a service fee of \$9.95 per room delivery, except for continental breakfast which is complimentary. Room service is complimentary for all items for suite categories.

Ship Staff Gratuities

Gratuities must be prepaid to Celebrity Cruises at final payment at the rate listed below for the entire cruise. This gratuity fee includes gratuities for the stateroom steward, head waiter, waiter, and assistant waiter.

- Standard Stateroom: \$216.00 per person (\$18.00 per day)
- Concierge Class Staterooms: \$222.00 per person (\$18.50 per day).
- Suite Staterooms: \$276.00 per person (\$23.00 per day).

Stateroom Amenities

All staterooms include safe, direct dial telephone, thermostat-controlled air-conditioning, mini-bar, bathroom accessories, hairdryers and remote-controlled color TV. Staterooms are equipped with both North American standard 110 volt and European standard 220-volt outlets.

We're bringing the kids; any special activities for them?

Absolutely! Youth activities are directed and organized by a special staff of youth counselors. Fully supervised programs for children ages 3 (must be potty-trained) to 17 are available. For children ages 3-6 activities include theme parties, treasure hunts and T-shirt decorating. Ages 7-9: relay races, team trivia and fitness activities. Ages 10-12: pool Olympics, scavenger hunts and karaoke. For teens 13-17: pool and pizza parties, video games, disco, movies and more.

When can I reserve my shore excursions?

You can pre-request your excursions with your booking number at www.celebritycruises.com/shore-excursions or you can make your reservations when you board your ship – based upon availability. Pre-booking excursions is highly recommended! The last day to reserve shore excursions online is June 29, 2025. **Special group Abraham excursions will be offered by Celebrity and should be available for booking by late April, 2025. An email notification will be sent to all participants once they are available to reserve.**

Cruise Attire

Casual wear will be appropriate for days onboard. For evening wear, count on two basic types of attire.

- Smart Casual: dress, skirt, pants or jeans with a casual top for women; pants or jeans with a sport shirt that has sleeves for men
- Evening Chic: cocktail dress, skirt, pants or designer jeans with elegant top for women; pants or designer jeans with a dress shirt, button-down shirt or sweater, optional sport coat or blazer for men

There are two Evening Chic nights, one cocktail party, and the rest Smart Casual. No self-service laundry or ironing facilities are available. Full laundry services, including pressing, are available for a fee.

Celebrity Cruises App Information

You can download the Celebrity Cruises app at no charge from the App Store or Google Play. Launch it and sign in using your Celebrity Cruises' guest account credentials. If you don't have an account, you can create one in the app. This app is loaded with information about your cruise. You can use the app to access your boarding pass, answer the health questionnaire before sailing, purchase shore excursions when available, view deck plans, and even chat with other guests while onboard. You will also receive updates from Celebrity closer to sailing time.



Ship Contact Information

Your final preparation email (E-docs) will contain detailed information including the phone number for your ship. The Internet Café is available, along with wireless internet throughout the ship when bringing your own devices. The Internet Café is open 24 hours a day with ample computers.

Weather

Expected temperatures range from a low of 57° F (night) to a high of 73° F (day). It is advisable to check the internet for up-to-date weather conditions prior to sailing.



LIFE JOURNEYS 1503 S. Coast Dr., Suite 203, Costa Mesa, CA 92626
949-537-7200 ext. 203 Toni Cobbs Toni@lifejourneys.net or
ext. 206 Marc Battaglia Marc@lifejourneys.net