KNOW BEFORE YOU GO

James Van Praagh presents Stepping into the Spirit World Alaskan Cruise August 18th - 25th, 2023

Do I need a passport and/or visa?

This cruise makes 1 stop in a foreign port: Victoria, Canada.

FOR U.S. AND CANADIAN CITIZENS: It is necessary for all passengers to provide proof of citizenship and photo ID in one of the following forms:

- 1) A current passport that is valid for at least six months after your return date, or
- 2) An original or certified copy of your birth certificate and valid photo ID (driver's license).

FOR NON-U.S./NON-CANADIAN CITIZENS: You must have and carry a passport valid for six months beyond the duration of your travel. Please carefully verify the existing identification requirements for your particular travel situation. For International passengers, please be sure you have the necessary Visas for travel to **Canada** if applicable. One online resource to quickly find out about visa requirements is http://www.visahg.com or you may contact the individual embassy for more info.

How much time do I need to allow for embarking and disembarking?

For air arrivals and departures into Seattle, it is recommended guests allow adequate time for transfer between the airport and pier, customs inspections and airport security checks. On the day of departure (August 18th) flights should arrive no later than 12:45 pm and on the day the ship returns (August 25th) flights should depart after 11:45 am.

Can I purchase transfers to/from the ship?

August 18th Transfer to the Ship

If you are arriving on the day of sailing, we can arrange for a Celebrity Cruise transfer from the airport directly to the pier for \$34.00 per person. You must arrive no later than 12:45 PM on August 18th into Seattle (SEA) Airport if you choose this option. It is mandatory that you provide the flight details to us when you make your transfer reservation. Reservations must be made by August 4th, 2023.

August 25th Transfer from the Ship

Life Journeys is offering Celebrity Cruise transfers to the airport on August 25th for \$34.00 per person. It is mandatory that you provide your flight information to us. Please be sure to schedule your departing flight out of Seattle (SEA) Airport after 11:45 AM on August 25th. Transfer information back to the airport will be given to you onboard the ship.

Taxis run approximately \$55-60 and are faster and about the same cost if more than one guest is traveling. You are about 40 minutes away from the ship terminal.

When may I embark the ship?

The *Celebrity Solstice* departs from Pier 91 at 4:00 pm. Embarkation begins at approximately 11:15 am, and guests are required to be on board no later than 90 minutes prior to sailing time. **The Pier address is: 2001 W. Garfield St. Seattle, WA.** For those driving, parking is available at Republic Parking at approximately \$26 per day. www.rpnw.com 206-783-4144, ext. 1113.

Flights and Pre and Post Hotel Options in Seattle

When you make your air arrangements, you may want to consider the "FLIGHTS BY CELEBRITY" Air Program as an option. You can now book your flights online with Flights by Celebrity, or by phone. You get 24/7 travel service and Air Specialists are available to help you with any flight delays or cancellations, working quickly with the airline to get you on the next available flight to our ship. And there's no booking fee. All flights are subject to cancellation fees; our cruise cancellation penalties do not apply to any flights purchased. Click the link: celebritycruises.com/flights-by-celebrity or contact one of their professional specialists at 800-533-7803 or 305-539-6000.

Inquiries and bookings must be made directly with Celebrity and not through Life Journeys. Flights by Celebrity/Choice Air is not affiliated with Life Journeys. The Choice Air department of Celebrity is your travel agent and is your contact for changes / issues.

You can also contact the Travel Edge Air Department for a free quote for the best fare and schedule. Contact Lynn at 714-658-9173 or email her at lynn.horton@traveledge.com. Please include requested dates and times with all email requests.

For those arriving early, downtown Seattle is located only about 15 minutes from the Port. There are many good discount internet sites available, such as www.hotels.com or www.kayak.com, both offering a variety of different-priced hotel options.

Dining room arrangements

Our group will be dining at the Early dining (6:00 pm) time, where you will be seated with other group members. If you have friends or family in other cabins that you are dining with you must inform us no later than July 21st in order to have those requests given to the ship. All requests must be in writing. For a buffet style restaurant, you can try the Oceanview Cafe which is complimentary, and the attire is casual. Room service is also available. Celebrity has enhanced the cruising experience for its guests in Suites (SS) by adding a dining room for Suite guests only. Luminae is open for breakfast, lunch, and dinner and is not restricted to dining at a certain time each evening.

Reservation-Only Specialty Restaurants

As delicious alternatives to the Main dining experience, you might consider one of the other restaurants on board the *Solstice*. Murano is \$60, Tuscan Grille is \$55, and Le Petit Chef at Qsine is \$60. All prices are per person and require reservations.

Can the Dining Room accommodate special diets?

Watching your salt, fat, or sugar intake? Lactose intolerant, celiac disease or vegan? Advise us at the time of booking, and we'll be happy to accommodate most dietary requirements. Kosher meals and special medical diets must be pre-ordered. All requests must be made in writing by fax request to 954-628-9622 or e-mail: special needs@celebrity.com at least 90 days before sailing and must include your booking number and guest names. No request is necessary for vegetarian or gluten-free as options are plentiful onboard.

May I bring my own liquor On-Board?

No beer or hard liquor may be brought onboard for consumption. Guests wishing to bring personal wine or champagne with them may do so, limited to two bottles per stateroom. When consumed in the dining room they will be subject to a \$25 corkage fee.

Stateroom Amenities

All staterooms include safe, direct dial telephone, thermostat-controlled air-conditioning, mini-bar, bathroom accessories, hairdryers and remote-controlled color TV. Staterooms are equipped with both North American standard 110-volt and European standard 220-volt outlets.

What's included in the cruise price?

- All meals, including room service from 6:00 am 11:00 pm, except in the specialty restaurants.
- Most entertainment, onboard activities, supervised kids' programs and fitness center

FREE AMENITIES - INSIDE, OCEANVIEW, VERANDA, & CONCIERGE CLASS STATEROOMS ONLY

- o For all passengers in each Inside, Oceanview, Veranda & Concierge Class cabin, a FREE Classic Beverage package, Unlimited Basic Internet package, and FREE Gratuities have been included for our group. These amenities are valued at \$675 per person on this cruise. With this Beverage Package you can enjoy non-premium bottled water, premium coffees and teas, fresh and bottled juices, soda selections and wine-by-the glass* or your favorite cocktails*. Your package can be used throughout the ship.
 - * choose from beers, spirits, cocktails, liqueurs, frozen drinks, and wine-by-the-glass up to \$9 per serving. Plus, a 15% discount on all wines by the bottle purchased on board.

FREE AMENITIES – SUITES ONLY

 For all passengers in each Suite cabin, a FREE Premium Beverage package, \$300 Onboard Credit, Unlimited Premium Internet package, and FREE Gratuities are included in our group pricing. These amenities are valued at \$1,225 per person.

What's not included in the cruise price?

- Air Transportation or transfers to the ship
- Shore excursions in the various ports
- Full-service spa, beauty salon, fitness classes/personal trainer, telephone service, laundry/dry cleaning, photographs, casino gambling, and late-night room service (between 10:00 pm and 6:00 am, there is a \$4.95 fee per room service order. For our Suite Class guests, the late-night room service charge is waived).

Ship Staff Gratuities

The standard gratuities for staff have been included as a free amenity for all passengers. This gratuity fee includes gratuities/tips for the stateroom steward, head waiter, waiter, and assistant waiter.

Cruise Attire

Casual wear will be appropriate for days onboard. For evening wear, count on two basic types of attire.

- Smart Casual: dress, skirt, pants or jeans with a casual top for women; pants or jeans with a sport shirt that has sleeves for men
- Evening Chic: cocktail dress, skirt, pants or designer jeans with elegant top for women; pants or designer jeans with a dress shirt, button-down shirt or sweater, optional sport coat or blazer for men

There are two Evening Chic nights, one cocktail party, and the rest Smart Casual. No self-service laundry or ironing facilities are available. Full laundry services, including pressing, are available for a fee.

We're bringing the kids; any special activities for them?

Absolutely! Youth activities are directed and organized by a special staff of youth counselors. Fully supervised programs for children age 3 (must be potty trained) to 17 are available. For children ages 3-6 activities include theme parties, treasure hunts and T-shirt decorating. Ages 7-9: relay races, team trivia and fitness activities. Ages 10-12: pool Olympics, scavenger hunts and karaoke. For teens 13-17: pool and pizza parties, video games, disco, movies and more.

When can I reserve my shore excursions?

You can pre-request your excursions with your booking number at https://www.celebritycruises.com/pcp-reservation/find-your-reservation or you can make your reservations when you board your ship – based upon availability. Pre-booking excursions is highly recommended! The last day to reserve shore excursions online is 4 days before sailing.

Ship Contact Information and Internet

Your final preparation email (E-docs) will contain detailed information including the phone number for your ship. The Internet Café is available, along with wireless internet throughout the ship when bringing your own devices. The Internet Café is open 24 hours a day with ample computers.

Weather in Alaska

Expected temperatures can range from a low of 50° F (night) to a high of 75° F (day). Layered clothing is suggested, along with a folding umbrella in case of rain or mist. It is advisable to check the internet for up-to-date weather conditions prior to sailing. Bringing binoculars would also enhance viewing scenery. A good site for reference is www.weather.com.

