KNOW BEFORE YOU GO

Abraham-Hicks Law of Attraction Italy & Adriatic Coast Cruise October 7-17, 2022

What documents will I need to travel?

It is necessary for all passengers to provide proof of citizenship in the form of a passport that is valid for at least six months beyond the completion of their trip. Please note that both the airline and/or the cruise line may deny you boarding if your passport is not valid for at least 6 months after your return date. It is your responsibility to check on any visas or entry requirements needed for any of the countries visited on this itinerary.

One online resource to quickly find out about visa requirements is <u>VisaCentral.com</u> or you may contact the individual embassy for more info. **No visas are needed for US or Canadian passport holders.**

Minors under age 18 traveling to foreign countries with only one parent must have a Parental Consent Letter signed by the parent not traveling. If the minor is travelling with someone who is not a parent or legal guardian, Customs and Border Protection (CBP) require that the Parental Consent Letter is signed by the parent(s) and is notarized.

Failure to present the necessary documents at the pier could result in denied boarding.

How much time do I need to allow for embarking and disembarking?

For air arrivals into Rome Leonardo da Vinci Fiumicino (FCO) it is recommended that guests allow adequate time for transfer between the airport and pier, customs inspections, and airport security checks. On the day of departure (October 7, 2022) flights should arrive into Rome Leonardo da Vinci Fiumicino (FCO) no later than **1:30 PM**. On the day the ship returns (October 17, 2022) flights should depart Rome Leonardo da Vinci Fiumicino (FCO) Airport after **10:50 AM**.

Can I purchase transfers to/from the ship?

October 7th Transfer to the Ship Options

1) Airport to Ship

If you are arriving on the day of sailing, we can arrange for a Celebrity Cruise Line transfer from the airport directly to the pier for \$71.95 USD per person. You must arrive no later than 1:30 PM on October 7th into Rome Leonardo da Vinci Fiumicino Airport (FCO) if you choose this option. It is mandatory that you provide the flight details when you make your transfer reservation. Reservations must be made by September 22nd, 2022.

2) Central Rome to Ship

If you are staying in Central Rome the night before embarkation, Celebrity Cruise Line is offering group transfers to the pier on October 7th from Hotel Crowne Plaza for \$71.95 USD per person. Guests will be met by an escort in the Hotel lobby no later than 12:30 pm. The bus will leave at approx. 1:00 pm. The address for Hotel Crowne Plaza is Via Aurelia Antica, 415 Rome, Italy. Transportation from your own hotel to the Central Rome location will be your own responsibility. Late arrivals may be denied boarding. **Reservations must be made by September 22nd, 2022.**

October 17th Transfer from the Ship

1) Ship to Airport

Celebrity Cruise Line is offering group transfers to the airport on October 17th for \$71.95 USD per person. It is mandatory that you provide your flight information when making your transfer reservation. Please be sure to schedule your departing flight out of Rome Leonardo da Vinci Fiumicino Airport (FCO) after 10:50 AM on October 17th. Transfer information back to the airport will be given to you onboard the ship.

2) Ship to Central Rome

If you are staying in Rome after the cruise, Celebrity Cruise Line offers transfers to a central Rome location (Rome Ostiense Station) for \$71.95 per person. The Ostiense Station address is Piazzale dei Partigiani, 00154 Roma and is a main train station in the center of the city. Transportation to your final destination will be your own responsibility; taxi cabs will be readily available at Ostiense Station. The ship will advise guests of the debark procedures when onboard.

Distance from the Rome Leonardo da Vinci Fiumicino (FCO) Airport to the pier is approximately 60 minutes driving time, and approximate taxi costs are \$120 USD. Distance from Central Rome to the Pier is 90 minutes driving time. Approx. taxis costs are upwards of \$145.

The address of the Port of Civitavecchia is Molo Vespucci, Civitavecchia S.r.l., Via Darsena Romana 7, Civitavecchia, Rome, Italy, 00053.

Airfare to Rome and Pre and Post Hotel Options

When you make your air arrangements to Rome, Italy, you may want to consider the "FLIGHTS BY CELEBRITY" Air Program as an option. You can now book your flights online with Flights by Celebrity, or by phone. You get 24/7 travel service and Air Specialists are available to help you with any flight delays or cancellations, working quickly with the airline to get you on the next available flight to our ship. And there's no booking fee. All flights are subject to cancellation fees; our cruise cancellation penalties do not apply to any flights purchased. Click the link: celebritycruises.com/flights-by-celebrity (we recommend clicking on SEARCH FLIGHTS when on the Celebrity website) or contact one of their professional specialists at 800-533-7803 or 305-539-6000.

Inquiries and bookings must be made directly with Celebrity and not through Life Journeys. Flights by Celebrity/Choice Air is not affiliated with Life Journeys. The Choice Air department of Celebrity is your travel agent and is your contact for changes/issues.

You can also contact the Travel Edge Air Department for a free quote for the best fare and schedule. Contact Lynn at 714-540-7400 ext. 1226 or email her at lynn.horton@traveledge.com. Please include requested dates and times with all email requests.

There are many good discount internet sites available, such as www.hotels.com or www.kayak.com, both offering a variety of different-priced hotel options.

When may I embark the ship?

The Celebrity *Reflection* departs from the Port of Civitavecchia at 5:00 pm on October 7th, 2022. **Embarkation begins at approximately 11:30 AM.** Guests are required to be onboard no later than 90 minutes prior to sailing time.

Dining room arrangements

Dining onboard is either early (6:00 pm) or late dining (8:30 pm) in the Opus Dining Room where you will be seated with other group members. Your selection will be noted on your confirmation letter. All special dining requests including table companion seating preferences must be given to Life Journeys by September 9th. For a buffet style restaurant, the Oceanview Café is complimentary, and the attire is casual. Room service is also available. Celebrity has enhanced the cruising experience for its guests in Suites (S2, S1, CS, SG, RS) by adding a dining room for Suite guests only. *Luminae* is open for breakfast, lunch, and dinner and is not restricted to dining at a certain time each evening.

Reservation-Only Specialty Restaurants

As delicious alternatives to the Main dining experience, you might consider one of the other restaurants on board the Celebrity *Reflection*. Murano is \$50, Tuscan Grille is \$45, Le Petit Chef at Qsine is \$55, Lawn Club Grill is \$45, and The Porch is \$30. All prices are per person (dinner) and reservations are required.

Can the dining room accommodate special diets?

Watching your salt, fat, or sugar intake? Lactose intolerant, celiac disease, or vegan? Advise us at the time of booking, and we'll be happy to accommodate most dietary requirements. Kosher meals and special medical diets must be pre-ordered. All requests must be made in writing by fax request to 954-628-9622 or e-mail: special needs@celebrity.com at least 90 days before sailing and must include your booking number and guest names. No request is necessary for vegetarian or gluten-free as options are plentiful onboard.

May I bring my own liquor on-board?

No beer or hard liquor may be brought on-board for consumption. Guests wishing to bring personal wine or champagne with them may do so, limited to two bottles per stateroom. When consumed in the dining room they will be subject to a \$25 corkage fee.

What's included in the cruise price?

- All meals, including room service from 6:00 am 11:00 pm, except in the specialty restaurants.
- Most entertainment, onboard activities, supervised kids' programs, and fitness center
- FREE AMENITIES INSIDE, OCEAN VIEW, BALCONY, & CONCIERGE STATEROOMS ONLY
 - o For all passengers in each Inside, Ocean View, Balcony & Concierge Class cabin, a FREE Classic Beverage package, Unlimited Surf Internet package, and FREE Gratuities have been included for our group. These amenities are valued at \$995 per person on this cruise. With this Beverage Package you can enjoy non-premium bottled water, premium coffees and teas, fresh and bottled juices, soda selections and wine-by-the glass* or your favorite cocktails*. Your package can be used throughout the ship.
 - * choose from beers up to \$6 per serving, spirits, cocktails, liqueurs and frozen drinks up to \$8 per serving, and wine-by-the-glass up to \$9 per serving. Plus, a 15% discount on all wines by the bottle purchased on board.

• FREE AMENITIES - SUITES ONLY

o For all passengers in each Suite cabin, a FREE Premium Beverage package, \$400 Onboard Credit, Unlimited Stream Internet package, and FREE Gratuities are included in our group pricing. These amenities are valued at \$1,750 per person.

What's not included in the cruise price?

- Air Transportation or transfers to the ship
- Workshop fee of \$450 (billed separately by Life Journeys)
- Shore excursions in the various ports
- Full-service spa, beauty salon, fitness classes/personal trainer, telephone service, laundry/dry cleaning, photographs, casino gambling, and late-night room service (between 11:00 pm and 6:00 am, there is a \$4.95 fee per room service order. For our Suite Class guests, the late-night room service charge is waived).

Ship Staff Gratuities/Tips

The standard gratuities for staff have been included as a free amenity for all passengers. This gratuity fee includes gratuities/tips for the stateroom steward, head waiter, waiter, and assistant waiter.

Stateroom Amenities

All staterooms include safe, direct dial telephone, thermostat-controlled air-conditioning, mini-bar, bathroom accessories, hairdryers, and remote-controlled color TV. Staterooms are equipped with both North American standard 110 volt and European standard 220-volt outlets.

Cruise Attire

Casual wear will be appropriate for days onboard. For evening wear, count on two basic types of attire.

- Smart Casual: dress, skirt, pants or jeans with a casual top for women; pants or jeans with a sport shirt that has sleeves for men
- Evening Chic: cocktail dress, skirt, pants or designer jeans with elegant top for women; pants or designer jeans with a dress shirt, button-down shirt or sweater, optional sport coat or blazer for men

There are two Evening Chic nights, one cocktail party, and the rest Smart Casual. No self-service laundry or ironing facilities are available. Full laundry services, including pressing, are available for a fee.

We're bringing the kids; any special activities for them?

Absolutely! Youth activities are directed and organized by a special staff of youth counselors. Fully supervised programs for children ages 3 (must be potty-trained) to 17 are available. For children ages 3-6 activities include theme parties, treasure hunts and T-shirt decorating. Ages 7-9: relay races, team trivia and fitness activities. Ages 10-12: pool Olympics, scavenger hunts and karaoke. For teens 13-17: pool and pizza parties, video games, disco, movies and more.

When can I reserve my shore excursions?

You can pre-request your excursions with your booking number at https://www.celebritycruises.com/pcp-reservation/find-your-reservation or you can make your reservations when you board your ship – based upon availability. Pre-booking excursions is highly recommended! The last day to reserve shore excursions online is 4 days before sailing. Special group Abraham excursions will be offered by Celebrity and should be available for booking in early July 2022. An email notification will be sent to all participants once they are available to reserve.

Ship Contact Information

Your final preparation email (E-docs) will contain detailed information including the phone number for your ship. The Internet Café is available, along with wireless internet throughout the ship when bringing your own devices. The Internet Café is open 24 hours a day with ample computers.

Weather

Expected temperatures range from a low of 55° F (night) to a high of 75° F (day). It is advisable to check the internet for up-to-date weather conditions prior to sailing.



LIFE JOURNEYS 1503 S. Coast Dr., Suite 203, Costa Mesa, CA 92626 949-537-7200 Ext. 203 Toni Cobbs Toni@lifejourneys.net