

# KNOW BEFORE YOU GO

## Abraham-Hicks Law of Attraction Baltic Sea Cruise

### August 11 - 23, 2021

#### ***What documents will I need to travel?***

It is necessary for all passengers to provide proof of citizenship in the form of a **passport that is valid for at least six months beyond the completion of their trip. Please note that both the airline and/or the cruise line may deny you boarding if your passport is not valid for at least 6 months after your return date.** It is your responsibility to check on any visas or entry requirements needed for any of the countries visited on this itinerary, but please note the below additional information on the port of St. Petersburg.

One online resource to quickly find out about visa requirements is [www.visahq.com](http://www.visahq.com) or you may contact the individual embassy for more info. **No visas are needed for US or Canadian passport holders**, with the exception noted below for Russia.

Minors under age 18 traveling to foreign countries with only one parent must have a Parental Consent Letter signed by the parent not traveling. If the minor is travelling with someone who is not a parent or legal guardian, Customs and Border Protection (CBP) require that the Parental Consent Letter is signed by the parent(s) and is notarized.

**Passengers of Cruise Ships at St. Petersburg are permitted to stay in Russia for 72 hours without a visa when accompanied by the official tour operator of Celebrity Cruise Line, who will be offering a large variety of quality excursions along with some exclusive Abraham-Hicks tours.**

**If you plan to sightsee with another independent tour operator licensed by Russian authorities, you are responsible to verify that they will be providing your visa, otherwise it will be your responsibility to obtain one. And if you want to sightsee totally on your own, you must obtain a tourist visa.**

**Failure to present the necessary documents at the pier could result in denied boarding.**

#### ***How much time do I need to allow for embarking and disembarking?***

For air arrivals into Amsterdam/Schiphol, Netherlands (AMS) it is recommended that guests allow adequate time for transfer between the airport and pier, customs inspections and airport security checks. On the day of departure (August 11, 2021) flights should arrive into Amsterdam/Schiphol (AMS) no later than **1:30 PM**. On the day the ship returns (August 23, 2021) flights should depart Amsterdam/Schiphol (AMS) Airport after **10:30 AM**.

#### ***Can I purchase transfers to/from the ship?***

##### **August 11<sup>th</sup> Transfer to the Ship**

If you are arriving on the day of sailing, we can arrange for a Celebrity Cruise transfer from the airport directly to the pier for \$29.95USD per person. **You must arrive no later than 1:30 PM on August 11<sup>th</sup> into Amsterdam/Schiphol if you choose this option.** It is mandatory that you provide the flight details to us when you make your transfer reservation. Reservations must be made by July 27<sup>th</sup>, 2021.

##### **August 23<sup>rd</sup> Transfer from the Ship**

Life Journeys is offering Celebrity Cruise transfers to the airport on August 23<sup>rd</sup> for \$29.95USD per person. **It is mandatory that you provide your flight information to us. Please be sure to schedule your departing flight out of Amsterdam/Schiphol (AMS) Airport after 10:30 AM on August 23<sup>rd</sup>.** Transfer information back to the airport will be given to you onboard the ship.

Distance from the Amsterdam/Schiphol Airport to the pier is approximately 30 minutes driving time, and approximate taxi costs are 40€ Euro / \$45 USD. The address of the Amsterdam Passenger Terminal is Piet Heinkade 27, 1019 BR Amsterdam, Netherlands.

#### ***Airfare to Amsterdam and Pre and Post Hotel Options***

When you make your air arrangements to Amsterdam, you may want to consider the **“FLIGHTS BY CELEBRITY” Air Program** as an option. You can now book your flights online with Flights by Celebrity, or by phone. You get 24/7 travel service and Air Specialists are available to help you with any flight delays or cancellations, working quickly with the airline to get you on the next available flight to our ship. And, there's no booking fee. All flights are subject to cancellation fees; our cruise cancellation penalties do not apply to any flights purchased. Click the link: [celebritycruises.com/flights-by-celebrity](http://celebritycruises.com/flights-by-celebrity) (we recommend to click on SEARCH FLIGHTS when on the Celebrity website) or contact one of their professional specialists at 800-533-7803 or 305-539-6000.

**Inquiries and bookings must be made directly with Celebrity and not through Life Journeys. Flights by Celebrity/Choice Air is not affiliated with Life Journeys. The Choice Air department of Celebrity is your travel agent and is your contact for changes/issues.**

You can also contact the Travel Edge Air Department for a free quote for the best fare and schedule. Contact Lynn at 714-540-7400 ext. 1226 or email her at [lynn.horton@traveledge.com](mailto:lynn.horton@traveledge.com). Please include requested dates and times with all email requests.

There are many good discount internet sites available, such as [www.hotels.com](http://www.hotels.com) or [www.kayak.com](http://www.kayak.com), both offering a variety of different-priced hotel options.

### ***When may I embark the ship?***

The Celebrity *Reflection* departs from the Amsterdam Passenger Terminal, at 5:00 pm on August 11<sup>th</sup>, 2021. **Embarkation begins at approximately 1:00pm.** Guests are required to be onboard no later than 2 hours prior to sailing time.

### ***Dining room arrangements***

Dining onboard is either early (6:00 pm) or late dining (8:30 pm) in the Opus Dining Room where you will be seated with other group members. Your selection will be noted on your confirmation letter. All special dining requests including **table companion seating preferences must be given to Life Journeys by July 9<sup>th</sup>**. For a buffet style restaurant, the Oceanview Café is complimentary, and the attire is casual. Room service is also available. Celebrity has enhanced the cruising experience for its guests in Suites (S2, S1, CS, SG, RS) by adding a dining room for Suite guests only. *Luminae* is open for breakfast, lunch, and dinner and is not restricted to dining at a certain time each evening.

### ***Reservation-Only Specialty Restaurants***

As a delicious alternative to the Main dining experience, you might consider dining at one of the Specialty Restaurants onboard the Celebrity *Reflection* – Murano is \$50, Tuscan Grille is \$45, La Petit Chef @ Qsine is \$55, Lawn Club Grill is \$45 and The Porch is \$30. All prices are per person and reservations are required.

### ***Can the dining room accommodate special diets?***

Watching your salt, fat or sugar intake? Lactose intolerant, celiac disease or vegan? Advise us at the time of booking, and we'll be happy to accommodate most dietary requirements. Kosher meals and special medical diets must be pre-ordered. All requests must be made in writing by fax request to 954-628-9622 or e-mail: [special\\_needs@celebrity.com](mailto:special_needs@celebrity.com) at least 90 days before sailing and must include your booking number and guest names. No request is necessary for vegetarian or gluten-free as options are plentiful onboard.

### ***May I bring my own liquor On-Board?***

No beer or hard liquor may be brought onboard for consumption. Guests wishing to bring personal wine or champagne with them may do so, limited to two bottles per stateroom. When consumed in the dining room they will be subject to a \$25 corkage fee.

### ***What's included in the cruise price?***

- All meals, including room service from 6:00 am – 11:00 pm, except in the specialty restaurants.
- Most entertainment, onboard activities, supervised kids programs and fitness center
- **FREE AMENITIES INCLUDED WITH YOUR BOOKING – INSIDE, OCEAN VIEW, BALCONY, & CONCIERGE STATEROOMS ONLY**
  - For 1st and 2nd passengers in each Inside, Ocean View, Balcony & Concierge Class cabin, a FREE Classic Beverage package and Unlimited Internet has been included for our group. These amenities are valued at \$1,125 per person on this cruise. With this Beverage Package you can enjoy non-premium bottled water, premium coffees and teas, fresh and bottled juices, soda selections and wine-by-the glass\* or your favorite cocktails\*. Your package can be used throughout the ship.
  - \* choose from beers up to \$6 per serving, spirits, cocktails, liqueurs and frozen drinks up to \$8 per serving, and wine-by-the-glass up to \$9 per serving. Plus, a 15% discount on all wines by the bottle purchased on board.
- **FREE AMENITIES INCLUDED WITH YOUR BOOKING – SUITES ONLY**
  - For 1<sup>st</sup> and 2<sup>nd</sup> passengers in each Suite cabin, a FREE Premium Beverage package, \$150 Onboard Credit, Unlimited Internet, and FREE Prepaid Gratuities are included in our group pricing. These amenities are valued at \$1,645 per person.

### ***What's not included in the cruise price?***

- Air Transportation or transfers to the ship
- Workshop fee of \$450 (billed separately by Life Journeys)
- Meals in specialty restaurants
- Shore excursions in the various ports
- Alcoholic beverages\*\*, soft drinks\*\*, specialty coffees\*\*, telephone or internet access service, full service spa, beauty salon, fitness classes/personal trainer, babysitting, laundry/dry cleaning, photographs, casino gambling, gratuities (prepaid) and late night room service (between 11:00 pm and 6:00 am, there is a \$4.95 fee per room service order. For our Suite Class guests, the late-night room service charge is waived).

\*\*exceptions are covered by Free Amenities outlined above.

### **Ship Staff Gratuities**

Gratuities must be prepaid to Celebrity Cruises at final payment at the rate listed below for the entire cruise. This gratuity fee includes gratuities for the stateroom steward, head waiter, waiter and assistant waiter.

- Standard Stateroom: \$186.00 per person (\$15.50 per day)
- Concierge Class Staterooms: \$192.00 per person (\$16 per day).
- Suite Staterooms: \$228.00 per person (\$19 per day).

### **Stateroom Amenities**

All staterooms include safe, direct dial telephone, thermostat-controlled air-conditioning, mini-bar, bathroom accessories, hairdryers and remote-controlled color TV. Staterooms are equipped with both North American standard 110 volt and European standard 220-volt outlets.

### **We're bringing the kids; any special activities for them?**

Absolutely! Youth activities are directed and organized by a special staff of youth counselors. Fully supervised programs for children ages 3 (must be potty-trained) to 17 are available. For children ages 3-6 activities include theme parties, treasure hunts and T-shirt decorating. Ages 7-9: relay races, team trivia and fitness activities. Ages 10-12: pool Olympics, scavenger hunts and karaoke. For teens 13-17: pool and pizza parties, video games, disco, movies and more.

### **When can I reserve my shore excursions?**

You can pre-request your excursions with your booking number at [www.celebritycruises.com/shore-excursions](http://www.celebritycruises.com/shore-excursions) or you can make your reservations when you board your ship – based upon availability. Pre-booking excursions is highly recommended! The last day to reserve shore excursions online is August 6, 2021. **Special group Abraham excursions will be offered by Celebrity and should be available for booking in late May 2021. An email notification will be sent to all participants once they are available to reserve.**

### **Cruise Attire**

Casual wear will be appropriate for days onboard. For evening wear, count on two basic types of attire.

- Smart Casual: dress, skirt, pants or jeans with a casual top for women; pants or jeans with a sport shirt that has sleeves for men
- Evening Chic: cocktail dress, skirt, pants or designer jeans with elegant top for women; pants or designer jeans with a dress shirt, button-down shirt or sweater, optional sport coat or blazer for men

There are two Evening Chic nights, one cocktail party, and the rest Smart Casual. Celebrity has recently replaced their traditional formal wear nights with Evening Chic, but if guests would like to wear tuxedo/formal gown attire it is totally acceptable and is a personal choice. No self-service laundry or ironing facilities are available. Full laundry services, including pressing, are available for a fee.

### **Ship Contact Information**

Your final preparation email (E-docs) will contain detailed information including the phone number for your ship. The Internet Café is available for sending and receiving emails. Wireless internet is available from various locations onboard when bringing your own laptop. Charges of approximately \$0.79 per minute will apply for this service and posted on your shipboard account. The Internet Café is open 24 hours a day with ample computers and you will be able to buy different internet packages onboard.

### **Weather**

Expected temperatures range from a low of 60° F (night) to a high of 72° F (day). It is advisable to check the internet for up-to-date weather conditions prior to sailing.



**LIFE JOURNEYS 1503 S. Coast Dr., Suite 203, Costa Mesa, CA 92626  
949-537-7200 Ext. 203 Toni Cobbs [Toni@lifejourneys.net](mailto:Toni@lifejourneys.net)**